

# Variable Impedance Robots for Efficient, Robust Bipedal Locomotion

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University of Edinburgh

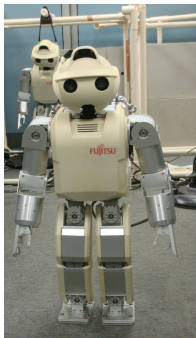
November 26, 2012

# Variable Impedance?

- 1 What & Why
- 2 How
- 3 Work at UoE

# What & Why

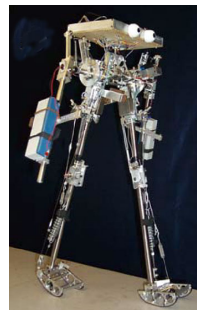
# The Spectrum of Robotic Compliance



Fujitsu's HOAP-3

## Rigid Joints

- Behaviourally Flexible
- Energy Inefficient

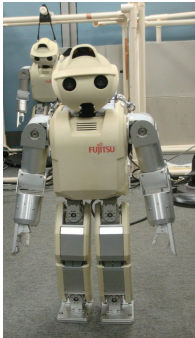


Cornell biped

## Passive Dynamic

- Behaviourally Inflexible
- Energy Efficient

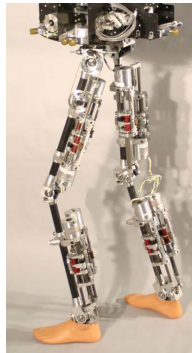
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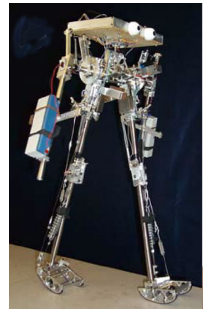
- Behaviourally Flexible
- Energy Inefficient



Pratt 2008

## Series Elastic

- More behaviours
- Efficiency varies

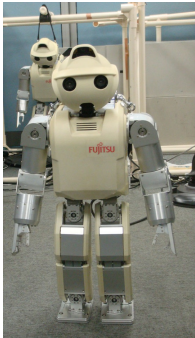


Cornell biped

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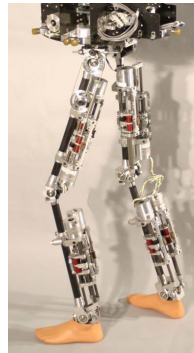
- Behaviourally Flexible
- Energy Inefficient



Ott 2010

## Torque controlled

- Simulate compliance
- No energy storage etc.



Pratt 2008

## Series Elastic

- More behaviours
- Efficiency varies



Cornell biped

## Passive Dynamic

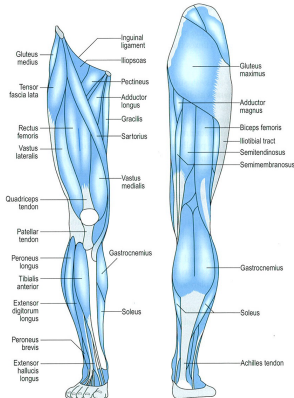
- Behaviourally Inflexible
- Energy Efficient

# Variable Impedance

Variable Impedance bipeds aim to achieve the benefits of passive dynamic walkers in terms of efficiency, without the resulting loss of behavioural flexibility.

# Human Walking Mechanics

- Walking is a bouncing gait. And people are bouncy.

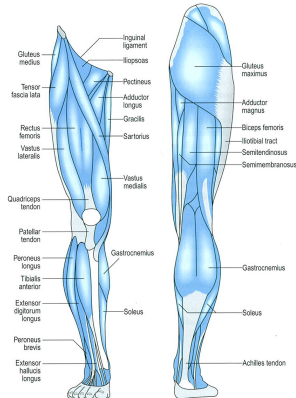


Whittle 2007

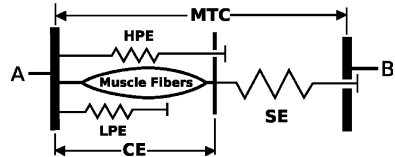


# Human Walking Mechanics

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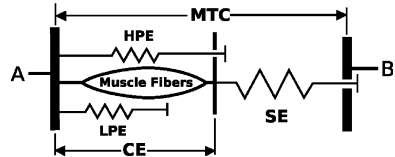
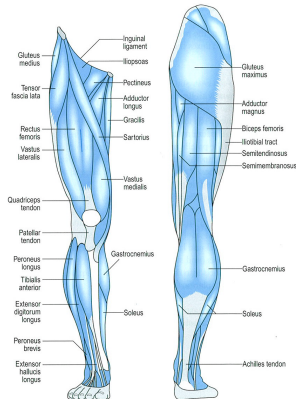
Whittle 2007



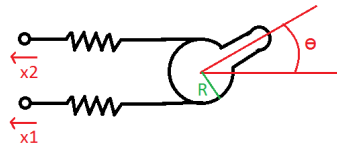
Eilenberg 2010

# Human Walking Mechanics

- Walking is a bouncing gait. And people are bouncy.



Eilenberg 2010



Whittle 2007

- We can change the stiffness and damping of our joints

# Human Walking Dynamics

- Walking makes use of natural dynamics. It is a "controlled fall"
- Studies of human walking kinetics show that a significant amount of work is done by the environment on the body
- Energy efficiency can be improved if energy can be stored and reused or, where necessary, dissipated without driving actuators.

		Power ( $\text{W kg}^{-1}$ )
<b>Summed</b>	Positive	$0.72 \pm 0.13$
	Negative	$0.37 \pm 0.06$
<b>Hip</b>	Positive	$0.28 \pm 0.07$
	Negative	$0.03 \pm 0.03$
<b>Knee</b>	Positive	$0.12 \pm 0.06$
	Negative	$0.20 \pm 0.06$
<b>Ankle</b>	Positive	$0.32 \pm 0.08$
	Negative	$0.14 \pm 0.04$

**Table:** Average mechanical power over full gait cycle in human walking.  
From Umberger 2007

# Learning from Humans

We want to mimic (or exceed) human abilities, but this does not require that we necessarily mimic human mechanisms

# Recap: Why we would like adaptable compliance

## Energy Efficiency

- Significant amount of 'negative power' in the joints during walking

## Robustness to disturbances

- Inherently built in to system

## Adaptability

- Tailor impedance to task requirements

But!

- Introducing series compliance can introduce unwanted oscillations
- Sometimes we want to dissipate energy from the system

→ Variable Damping

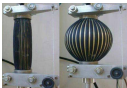
# How? Approaches to Variable Impedance

# Variable Impedance is a big field...

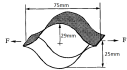
There are many, many published methods for achieving variable compliance



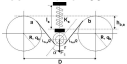
# Variable Stiffness Designs (Some of them...)



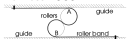
Verrelst2005



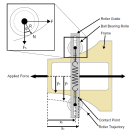
Laurin-Kovitz1991



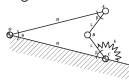
Tonietti2005



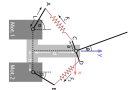
English1999



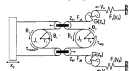
Migliore2005



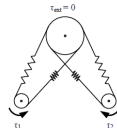
Schiavi2008



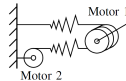
Mitrovic 2010



Hurst2004



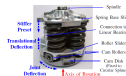
Petit 2010



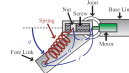
Eiberger 2010



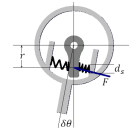
Van Ham 2007



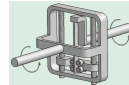
Wolf 2008



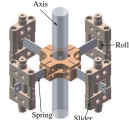
Uemura 2010



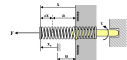
Jafari2010



Morita1997



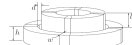
Choi 2011



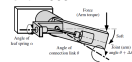
Hollander 2005



Umedachi 2006



Choi 2008



Seki 2006

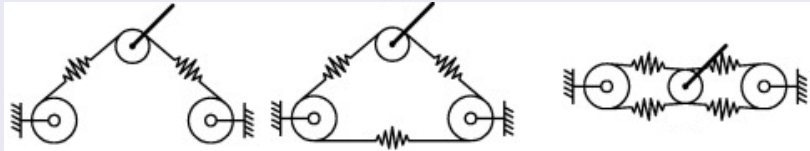
# Categories of Variable Compliance Mechanisms

**Antagonistic** Two or more  
compliant actuators  
working in opposition

**Series** A single compliant  
element in series with  
the output link

# Antagonistic Mechanisms

## Several possible antagonistic layouts



Tagliamonte 2012

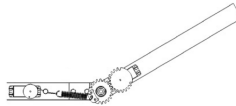
- Normally pretension based
  - Easy to show that in order to be able to adjust stiffness, non-linear springs must be used

# Pros and Cons of Antagonistic Mechanisms

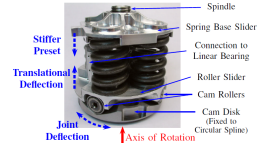
- Almost all antagonistic mechanisms rely on pretension
  - Uses energy to increase/hold stiffness
  - Energy storage capability reduces as stiffness increases
  - Maximum torque decreases as stiffness increases
- But generally quite simple to implement
  - Only tricky bit is the non-linear springs

# Series Mechanisms

- Can be pretension based
  - E.g. MACCEPA,  
DLR VS-joint



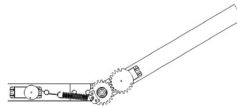
Van Ham 2007



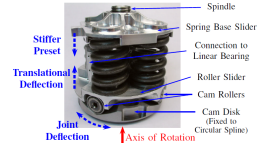
Wolf 2008

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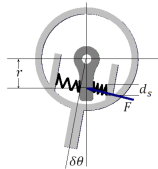


Van Ham 2007

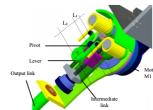


Wolf 2008

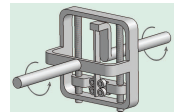
- Or non-pretension based
  - E.g. AwAS, AwAS-II, MIA



Jafari2010



Jafari 2011



Morita1997

# Characteristics of Series Variable Compliance Mechanisms

Vary greatly between mechanisms

- In general, series mechanisms tend to
  - Be more complex to construct
  - Have a smaller elastic deformation range
- Pretension based mechanisms
  - Significant energy cost of changing/holding stiffness
  - Full energy storage capability not available at all stiffnesses
- Non-pretension based mechanisms
  - Little energy required to change/hold stiffness
  - Full energy storage capability available at all stiffnesses

# General Design Considerations for Variable Stiffness Mechanisms

When selecting a variable compliance mechanisms, we must consider:

- Torque/Deflection curve
- Stiffness/Deflection curve
- Stiffness range
- Deflection range
- Energy storage vs. stiffness
- Maximum torque vs. stiffness
- Energy cost of changing/holding stiffness



# Variable Damping

There are fewer options for variable damping, but still at least four possible methods

# Methods for Variable Damping

Adding physical damping in parallel with a series elastic actuator allows oscillations to be damped without requiring energy to be transferred through the compliant element.

Methods for variable damping:

- Magnetorheological damping
  - As used in prosthetic knees
- Frictional Damping
  - PWM modulation of friction brake
- Variable hydraulic damping
  - Vary the channel size in a fluid damper
- Motor braking
  - Shorting together the terminals of a motor causes it to brake
  - PWM modulations of this to vary damping

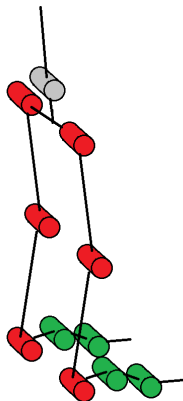
# Work at UoE



Bipedal Locomotion at the University of Edinburgh



# High Level Mechanical Design



Kinematic layout

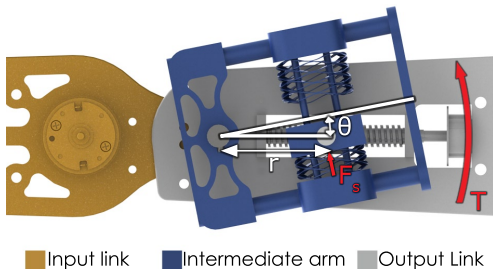
Red = Position & Impedance control;

Green = Passive

Grey = Position control

- Sagittal plane biped
- 6 joints with position/stiffness/damping control
  - Stiffness controlled longitudinal foot arch
  - Passive toe
  - Position controlled torso joint
- $\frac{3}{4}$  size of adult male

# Variable Stiffness Mechanism: MAwAS



$$F_s = rK_s \sin \theta \quad (1)$$

$$T = \frac{r^2 K_s}{2} \sin(2\theta) \quad (2)$$

$T$  = Joint Torque

$F_s$  = Spring Force

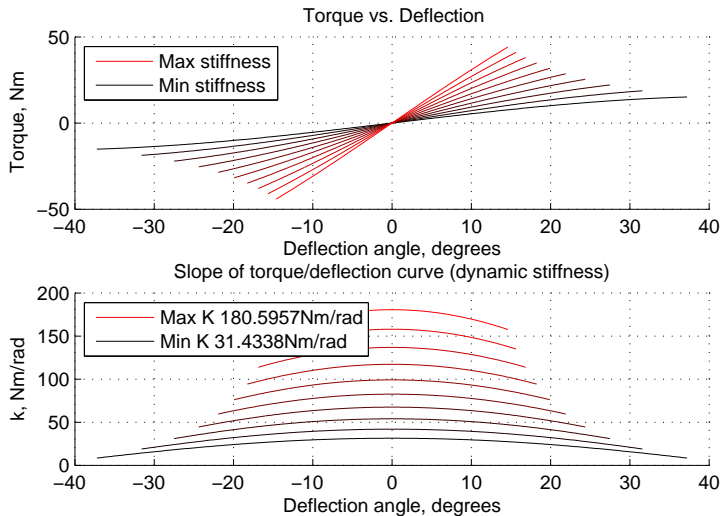
$\theta$  = Deflection from equilibrium

$r$  = Stiffness Setting

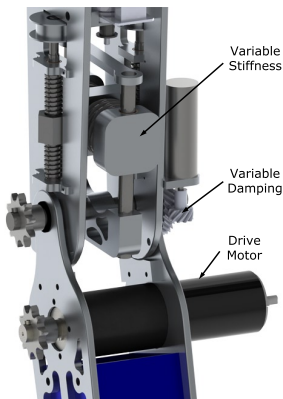
$K_s$  = Spring Constant

$$K = \frac{dT}{d\theta} = r^2 K_s \cos(2\theta) \quad (3)$$

# Torque and Stiffness Curves



# Variable Damping: PWM Motor Braking



- Third motor in parallel with main drive motor and MAWAS mechanism
  - Shorting together the terminals of this motor applies damping torque
  - Very little energy is used to modulate the damping
- Maximum damping coefficient:<sup>a</sup>

$$d = \frac{n^2 \kappa_T \kappa_{\dot{q}}}{R_e}$$

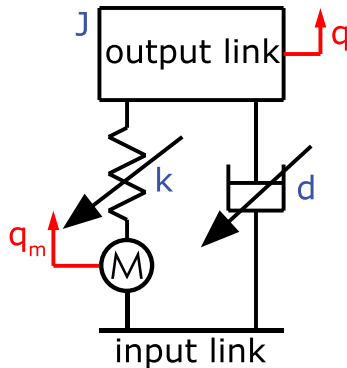
- $n:1$  is the gear ratio
- $\kappa_T$  and  $\kappa_{\dot{q}}$ : motor torque and speed constants
- $R_e$  is the equivalent resistance of the motor

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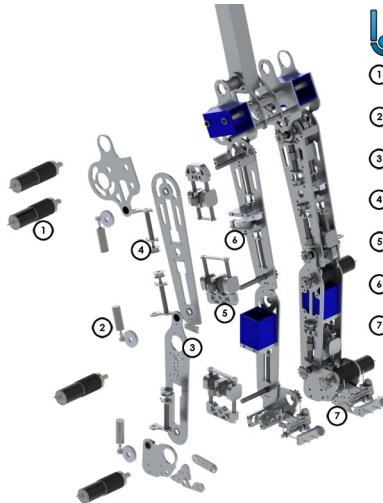
<sup>a</sup>See Radulescu 2012



# Joint Dynamics

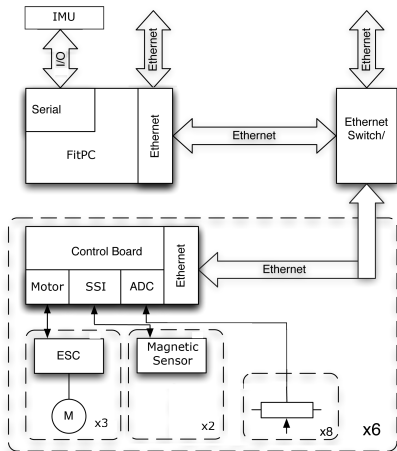


# BLUE



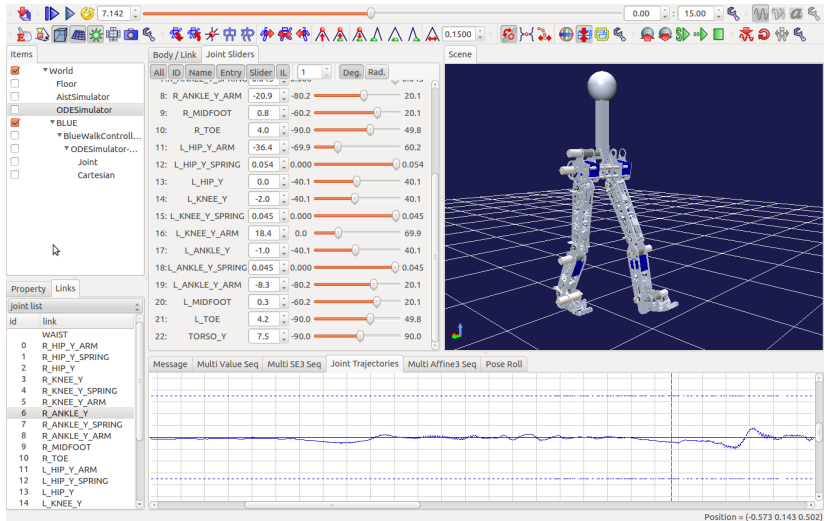
- ① **Drive Motors**  
150W Maxon DC Brushed
- ② **Variable Damping**  
PWM motor braking
- ③ **Waterjet cut chassis**
- ④ **Leadscrews**  
For stiffness adjustment
- ⑤ **Variable Stiffness**  
Through MAwAS mechanism
- ⑥ **Stiffness adjustment motors**  
50W Maxon EC flat
- ⑦ **Three part compliant foot**  
For energy storage and robustness to disturbances

# Electronics and Low Level Control



- Onboard ethernet network
  - Very fast comms
  - Broadcast capability
- One control board per major joint
  - ATMEEL microcontroller
  - Reads all joint sensors, digitally filters
  - PID loops and controls motor drivers
  - Failsafes

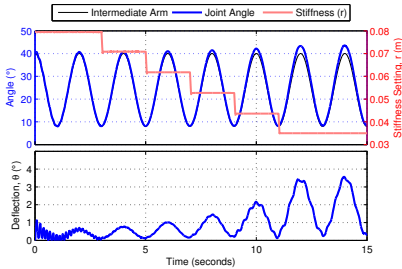
# Simulation in Choreonoid



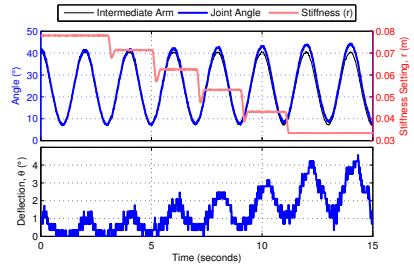
# Video

I will now play a video of BLUE

# Squatting

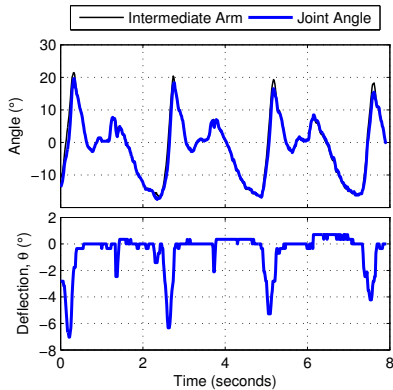


Simulation

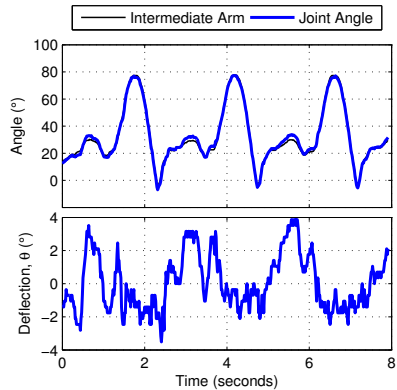


Hardware

# Walking on the Hardware

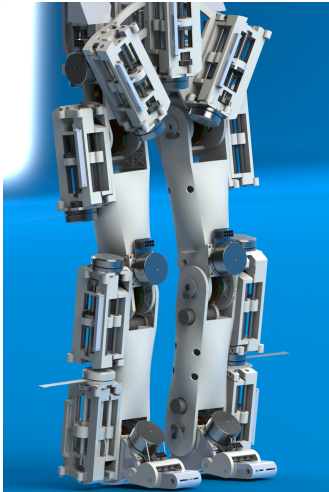


Ankle



Knee

# miniBLUE

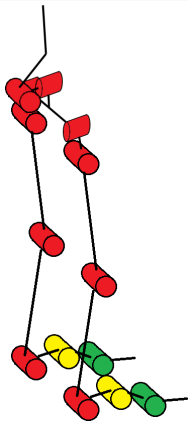


miniBLUE design ideas:

- Lighter and smaller
- Non-backdriveable equilibrium position setting
- Wider compliant range
- More D.O.F - not just sagittal plane
- 3D printing
  - Reduce workshop time
  - More complex shapes - not a 'flatpack robot'
- Use modular unit for variable stiffness



# High Level Mechanical Design



Kinematic layout

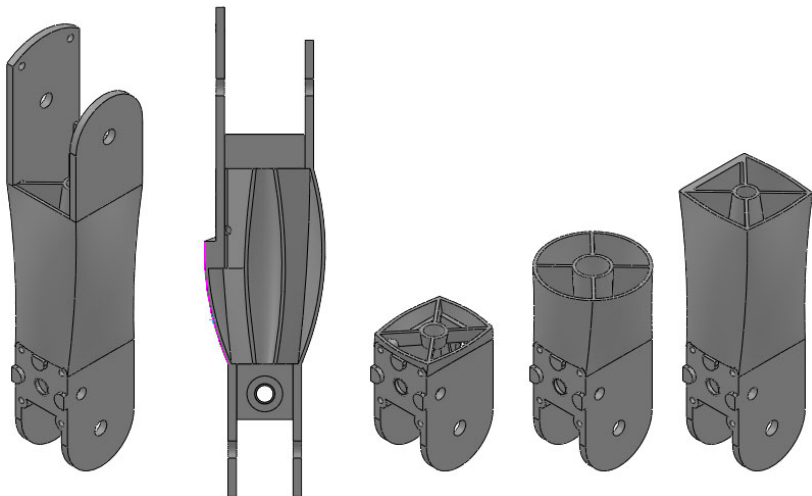
Red = Position & Impedance  
control;

Green = Passive

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- 10 active DOF
  - 2 DOF torso
  - 2 DOF hip
  - 1 DOF knee
  - 1 DOF ankle
- Similar foot design to BLUE
- $\frac{1}{2}$  scale
  - Hip rotation height 465mm

## 3D printing



# Other Work with Variable Impedance at the UoE

- Optimal ball throwing on a two link MACCEPA arm

- D. Braun, M. Howard and S. Vijayakumar "Optimal Variable Stiffness Control: Formulation and Application to Explosive Movement Tasks", Autonomous Robots, 2012

- Variable impedance brachiation

- J. Nakanishi and S. Vijayakumar, "Exploiting Passive Dynamics with Variable Stiffness Actuation in Robot Brachiation", RSS 2012

- Transferring impedance strategies from human → robot

- M. Howard, D. Mitrovic and S. Vijayakumar, "Transferring impedance control strategies between heterogeneous systems via apprenticeship learning", Humanoids 2010

- Exploiting variable damping in rapid movement tasks

- A. Radulescu, M. Howard, D. Braun and S. Vijayakumar, "Exploiting Variable Physical Damping in Rapid Movement Tasks", AIM 2012

# Questions

# Any Questions?

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